

**N°1 : How can over information be a threat in today's society?**

The notion of “over information” relates to the concepts ‘information overload’, ‘infoxication’, ‘information anxiety’ and ‘information explosion’. It refers to the difficulty to deal with too much information which creates problems with understanding information, processing it intellectually and emotionally, and making decisions. Sense of being overwhelmed by the number of information to process.

Reasons: age of globalization and ever-increasing number of websites and digital sources > over consumption of information both the result of a desire to expose oneself to it (curiosity) and the product of a passive consumption in a society where we are tracked with information (ex: algorithms).

Drawbacks:

- Inability to focus appropriately and process information > leads to misinformation (superficial understanding only)
- Disinformation hiding in the overflow of information > vulnerability
- Stress-related diseases

**N°2 : “It is time to name and measure not only the progress the information revolution has brought, but also the harm that has come with it. Until we do, we will never know which costs are worth bearing.” DISCUSS.**

Information revolution refers to the availability of information brought by the computer age.

The question is not here about weighing the pros and cons of the information revolution but analyzing if the pros outweigh the cons. Are the benefits worth the costs?